

John Kenney Child Care Center - Lunch

April

Child's Name: _____

Allergies: _____

Classroom: _____

Monday		Tuesday		Wednesday		Thursday		Friday	
3 Whole Grain Chicken Nuggets-5 Green Beans-1/2 c. Rice - 1/2 c. Fresh Apple-1 Milk-6 oz.	Veggie Nuggets-3 oz. Green Beans-1/2 c. Rice - 1/2 c. Fresh Apple-1 Milk-6 oz.	4 Macaroni and Beef-5 oz. Baby Carrots-1/2 c. Fresh Orange-1 Whole Grain Bread Milk-6 oz.	Macaroni and Veggie Beef-5 oz. Baby Carrots-1/2 c. Whole Grain Bread Fresh Orange-1 Milk-6 oz.	5 Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-1/2 c. Diced Pear Cup-1/2 c. Dinner Roll Milk-6 oz.	Mozzarella Sticks-4 Mashed Potatoes-1/2 c. Diced Pear Cup-1/2 c. Dinner Roll Milk-6 oz.	6 Turkey Meatballs w/ Sauce on a Wheat Hot Dog Bun-1 Corn-1/2 c. Fresh Banana-1 Milk-6 oz.	Veggie Meatballs w/ Sauce-3 oz. Corn-1/2 c. Dinner Roll Fresh Banana-1 Milk-6 oz.	7 3x5 Pizza Square-1 Salad w/ Dressing-1 c. Peach Applesauce Cup-1/2 c. Whole Grain Bread Milk-6 oz.	Pasta w/ sauce Salad w/ Dressing-1 c. Peach Applesauce Cup-1/2 c. Whole Grain Bread Milk-6 oz.
10 All Beef Hamburger on a Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 Milk-6 oz.	Veggie Burger on a Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 Milk-6 oz.	11 Cheese Lasagna w/ Meat Sauce- 5 oz. Green Beans-1/2 c. Fresh Orange-1 Wheat Dinner Roll Milk-6 oz.	Cheese Lasagna with Sauce- 5 oz. Green Beans-1/2 c. Fresh Orange-1 Wheat Dinner Roll Milk-6 oz.	12 Teriyaki Chicken Bites-4 Rice - 1/2 c. Corn-1/2 c. Applesauce Cup-1/2 c. Milk-6 oz.	Veggie Nuggets-3 oz. Rice - 1/2 c. Corn - 1/2 c. Applesauce Cup-1/2 c. Milk-6 oz.	13 Turkey and Cheese on a Wheat Bun-1 Baby Carrots with Dip-1/2 c. Fresh Banana-1 Milk-6 oz.	Veggie Turkey and Cheese on a Wheat Bun-1 Fresh Baby Carrots with Dip-1/2 c. Fresh Banana-1 Milk-6 oz.	14 Good Friday CENTER CLOSED	
17 Chicken Fryz-3 Mixed Vegetables-1/2 c. Rice - 1/2 c. Pineapple Cup-1/2 c. Milk-6 oz.	Veggie Nuggets-3 oz. Mixed Vegetables-1/2 c. Rice - 1/2 c. Pineapple Cup-1/2 c. Milk-6 oz.	18 Pasta Shells w/ Meat Sauce-5 oz. Broccoli-1/2 c. Fresh Apple-1 Italian Bread Milk-6 oz.	Pasta Shells w/ Veggie Meat Sauce- 5 oz. Broccoli-1/2 c. Italian Bread Fresh Apple-1 Milk-6 oz.	19 Grilled BBQ Chicken Fillet on a Wheat Bun-1 Corn-1/2 c. Fresh Banana-1 Milk-6 oz.	Breaded Veggie Chicken Fillet on a Wheat Bun-1 Corn-1/2 c. Fresh Banana-1 Milk-6 oz.	20 Swedish Turkey Meatballs-5 Mashed Potatoes-1/2 c. Mandarin Orange Cup-1/2 c. Whole Grain Bread Milk-6 oz.	Swedish Veggie Meatballs-5 Mashed Potatoes-1/2 c. Whole Grain Bread Mandarin Orange Cup-1/2 c. Milk-6 oz.	21 3x5 Pizza Square-1 Salad w/ Dressing-1 c. Strawberry Applesauce Cup Whole Grain Bread Milk-6 oz.	Pasta w/ sauce Salad w/ Dressing-1 c. Strawberry Applesauce Cup Whole Grain Bread Milk-6 oz.
24 All Beef Hamburger on a Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 Milk-6 oz.	Veggie Burger on a Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 Milk-6 oz.	25 Krispy Southern Chicken Drummys-3 Rice - 1/2 c. Green Beans-1/2 c. Fresh Orange-1 Milk-6 oz.	Veggie Nuggets-3 oz. Rice-1/2 c. Green Beans-1/2 c. Fresh Orange-1 Milk-6 oz.	26 Beef Meatballs w/ Sauce-3 oz. Mixed Vegetables-1/2 c. Diced Peach Cup-1/2 c. Dinner Roll Milk-6 oz.	Mozzarella Sticks-4 Mixed Vegetables-1/2 c. Dinner Roll Diced Peach Cup-1/2 c. Milk-6 oz.	27 Sliced Turkey on a Potato Bun-1 Baby Carrots with Dip-1/2 c. Fresh Banana-1 Milk-6 oz.	Veggie Turkey and Cheese on a Potato Bun-1 Fresh Baby Carrots with Dip-1/2 c. Fresh Banana-1 Milk-6 oz.	28 3x5 Pizza Square-1 Salad w/ Dressing-1 c. Applesauce Cup-1/2 c. Cheese Stick-1 Milk-6 oz.	Pasta w/ sauce Salad w/ Dressing-1 c. Applesauce Cup-1/2 c. Cheese Stick-1 Milk-6 oz.
								Alternate Options:	Pasta w/ sauce* Pasta w/ butter* Grilled Cheese* PB&J *Not available on cold sandwich days