

John Kenney Child Care Center - Lunch

June

Child's Name: _____

Allergies: _____

Classroom: _____

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|--|---|--|---|---|--|---|---|--|---|
| Alternate Options: Pasta w/ sauce* Pasta w/ butter* Grilled Cheese* PB&J *Not available on cold sandwich days | | | | | | Turkey Meatballs w/ Sauce on a Wheat Hot Dog Bun-1 Mixed Vegetables-1/2 c. Fresh Banana-1 Milk-6 oz. | Veggie Meatballs w/ Sauce on a Wheat Hot Dog Bun-1 Mixed Vegetables-1/2 c. Fresh Banana-1 Milk-6 oz. | 3x5 Pizza Square-1 Romaine Salad w/ Dressing-1 c. Peach Applesauce Cup-1/2 c. Whole Grain Bread Milk-6 oz. | Pasta w/ sauce Romaine Salad w/ Dressing-1 c. Peach Applesauce Cup-1/2 c. Whole Grain Bread Milk-6 oz. |
| Chicken Nuggets-4 Corn-1/2 c. Rice - 1/2 c. Fresh Apple-1 Milk-6 oz. | Veggie Nuggets-3 oz. Corn-1/2 c. Rice - 1/2 c. Fresh Apple-1 Milk-6 oz. | Cheese Lasagna with Meat Sauce- 5 oz. Green Beans-1/2 c. Fresh Plum-1 Wheat Dinner Roll Milk-6 oz. | Cheese Lasagna with Sauce- 5 oz. Green Beans-1/2 c. Fresh Plum-1 Wheat Dinner Roll Milk-6 oz. | Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-1/2 c. Applesauce Cup-1/2 c. Whole Grain Bread Milk-6 oz. | Mozzarella Sticks-4 Mashed Potatoes-1/2 c. Applesauce Cup-1/2 c. Whole Grain Bread Milk-6 oz. | Turkey Breast on a Potato Bun-1 Fresh Baby Carrots with Dip-1/2 c. Fresh Banana-1 Milk-6 oz. | American Cheese on a Potato Bun-1 Fresh Baby Carrots with Dip-1/2 c. Fresh Banana-1 Milk-6 oz. | 3x5 Pizza Square-1 Romaine Salad w/ Dressing-1 c. Mixed Fruit Cup-1/2 c. Cheese Stick-1 Milk-6 oz. | Pasta w/ sauce Romaine Salad w/ Dressing-1 c. Mixed Fruit Cup-1/2 c. Cheese Stick-1 Milk-6 oz. |
| Teriyaki Chicken Bites-4 Mixed Vegetables-1/2 c. Rice - 1/2 c. Pineapple Cup-1/2 c. Milk-6 oz. | Veggie Nuggets-3 oz. Mixed Vegetables-1/2 c. Rice - 1/2 c. Pineapple Cup-1/2 c. Milk-6 oz. | All Beef Hamburger on a Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 Milk-6 oz. | Veggie Burger on a Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 Milk-6 oz. | Chicken Fingers-3 Sliced Carrots-1/2 c. Rice - 1/2 c. Fresh Banana-1 Milk-6 oz. | Veggie Nuggets-3 oz. Sliced Carrots - 1/2 c. Rice - 1/2 c. Fresh Banana-1 Milk - 6 oz. | Swedish Turkey Meatballs-5 Roasted Potato Medley-1/2 c. Mandarin Orange Cup-1/2 c. Whole Grain Bread Milk-6 oz. | Swedish Veggie Meatballs-3 Roasted Potato Medley-1/2 c. Mandarin Orange Cup-1/2 c. Whole Grain Bread Milk-6 oz. | 3x5 Pizza Square-1 Romaine Salad w/ Dressing-1 c. Strawberry Applesauce Cup Italian Bread Milk-6 oz. | Pasta w/ sauce Romaine Salad w/ Dressing-1 c. Strawberry Applesauce Cup-1/2 c. Italian Bread Milk-6 oz. |
| Meatloaf w/ Ketchup-3 oz. Corn-1/2 c. Fresh Apple-1 Wheat Dinner Roll Milk-6 oz. | Mozzarella Sticks-4 Corn-1/2 c. Fresh Apple-1 Wheat Dinner Roll Milk-6 oz. | Krispy Southern Chicken Drummys-3 Green Beans-1/2 c. Rice - 1/2 c. Fresh Orange-1 Milk-6 oz. | Veggie Nuggets-3 oz. Green Beans-1/2 c. Fresh Orange-1 Whole Grain Bread Milk-6 oz. | Sliced Turkey and Cheese on Whole Grain Bread-1 Fresh Baby Carrots with Dip-1/2 c. Diced Peach Cup-1/2 c. Milk | American Cheese on Whole Grain Bread-1 Fresh Baby Carrots with Dip-1/2 c. Diced Peach Cup-1/2 c. Milk | Honey BBQ Chicken Bites-4 Mashed Potatoes-1/2 c. Fresh Banana-1 Whole Grain Bread Milk-6 oz. | Mini Cheese Quesadilla-3 Mashed Potatoes-1/2 c. Fresh Banana-1 Milk-6 oz. | 3x5 Pizza Square-1 Romaine Salad w/ Dressing-1 c. Applesauce Cup-1/2 c. Cheese Stick-1 Milk-6 oz. | Pasta w/ sauce Romaine Salad w/ Dressing-1 c. Applesauce Cup-1/2 c. Cheese Stick-1 Milk-6 oz. |
| Cheese Manicotti w/ Meat Sauce-1 Green Beans-1/2 c. Diced Pear Cup-1/2 c. Italian Bread Milk-6 oz. | Cheese Manicotti with Sauce-1 Green Beans-1/2 c. Diced Pear Cup-1/2 c. Italian Bread Milk-6 oz. | All Beef Hamburger on a Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 Milk-6 oz. | Veggie Burger on a Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 Milk-6 oz. | Chicken Fryz-3 Diced Carrots-1/2 c. Rice - 1/2 c. Fresh Banana-1 Milk-6 oz. | Veggie Nuggets-3 oz. Diced Carrots-1/2 c. Rice - 1/2 c. Fresh Banana-1 Milk-6 oz. | Swedish Turkey Meatballs-5 Roasted Potato Medley-1/2 c. Mandarin Orange Cup-1/2 c. Whole Grain Bread Milk-6 oz. | Swedish Veggie Meatballs-3 Roasted Potato Medley-1/2 c. Mandarin Orange Cup-1/2 c. Whole Grain Bread Milk-6 oz. | 3x5 Pizza Square-1 Romaine Salad w/ Dressing-1 c. Peach Applesauce Cup-1/2 c. Whole Grain Bread Milk-6 oz. | Pasta w/ sauce Romaine Salad w/ Dressing-1 c. Peach Applesauce Cup-1/2 c. Whole Grain Bread Milk-6 oz. |