

John Kenney Child Care Center - Lunch

March

Child's Name: _____

Allergies: _____

Room: _____

Monday		Tuesday		Wednesday		Thursday		Friday	
Policy Update We will no longer be able to cancel your child's lunch on a day to day basis, if you know your child will be absent on a particular day(s), please mark absent when making daily selections. If your child is not here, lunches will be saved for you to pick up when your child returns to school.								1	1
								3x5 Cheese Pizza-1 Salad w/ Dressing-1 c. Strawberry Applesauce Cup-1/2 Mozzarella Cheese Sticks-1 1% White Milk-6 oz.	Pasta w/ sauce Salad w/ Dressing-1 c. Strawberry Applesauce Cup-1/2 c. Mozzarella Cheese Sticks-1 1% White Milk-6 oz.
4		5		6		7		8	
Whole Grain Chicken Nuggets-4 Rice-1/2 c. Diced Peach Cup-1/2 c. Whole Grain Bread Milk-6 oz.	Veggie Chicken Nuggets-4 Rice - 1/2 c. Diced Peach Cup-1/2 c. Whole Grain Bread Milk-6 oz.	Beef Meatballs w/ Sauce on a W/W Mini Sub Roll-1 Mixed Vegetables-1/2 c. Applesauce Cup-1/2 c. 1% White Milk-6 oz.	Veggie Meatballs w/ Sauce on a W/W Mini Sub Roll-1 Mixed Vegetables-1/2 c. Applesauce Cup-1/2 c. 1% White Milk-6 oz.	Baked Ziti-5 oz. Diced Carrots-1/2 c. Fresh Banana-1 Whole Grain Bread Milk-6 oz.	Pasta w/ sauce Diced Carrots-1/2 c. Fresh Banana-1 Whole Grain Bread Milk-6 oz.	W/G Breaded Chicken Patty on a Whole Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 1% White Milk-6 oz.	Veggie Chicken Patty on a Whole Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 1% White Milk-6 oz.	3x5 Cheese Pizza-1 Salad w/ Dressing-1 c. Peach Applesauce Cup-1/2 c. Mozzarella Cheese Sticks-1 1% White Milk-6 oz.	Pasta w/ sauce Salad w/ Dressing-1 c. Mozzarella Cheese Sticks-1 Peach Applesauce Cup-1/2 c. 1% White Milk-6 oz.
11		12		13		14		15	
All Beef Hamburger on a Whole Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 1% White Milk-6 oz.	Veggie Burger on a Whole Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 1% White Milk-6 oz.	Pasta Shells with Meat Sauce-5 oz. Hot Baby Carrots-1/2 c. Pineapple Cup-1/2 c. Whole Grain Bread 1% White Milk-6 oz.	Pasta Shells with Veggie Meat Sauce-5 oz. Hot Baby Carrots-1/2 c. Pineapple Cup-1/2 c. Whole Grain Bread 1% White Milk-6 oz.	Swedish Turkey Meatballs-3 oz. Peas-1/2 c. Fresh Orange -1 Whole Wheat Dinner Roll 1% White Milk-6 oz.	Swedish Veggie Meatballs-3 oz. Peas-1/2 c. Fresh Orange -1 Whole Wheat Dinner Roll 1% White Milk-6 oz.	Whole Grain Chicken Fingers-3 Rice-1/2 c. Corn-1/2 c. Fresh Banana-1 1% White Milk-6 oz.	Veggie Chicken Nuggets - 4 Rice - 1/2 c. Corn-1/2 c. Fresh Banana-1 1% White Milk-6 oz.	3x5 Cheese Pizza-1 Salad w/ Dressing-1 c. Applesauce Cup-1/2 c. Mozzarella Cheese Sticks-1 1% White Milk-6 oz.	Pasta w/ sauce Salad w/ Dressing-1 c. Applesauce Cup-1/2 c. Mozzarella Cheese Sticks-1 1% White Milk-6 oz.
18		19		20		21		22	
Grilled Chicken Parmigiana-3 oz. Green Beans-1/2 c. Whole Grain Bread Diced Pear Cup-1/2 c. 1% White Milk-6 oz.	Veggie Chicken Parmigiana-3 oz. Green Beans-1/2 c. Whole Grain Bread Diced Pear Cup-1/2 c. 1% White Milk-6 oz.	Sun Butter and Grape Jelly on Whole Wheat Uncrustad Bread-1 Fresh Baby Carrots w/ Dip-1/2 c. Fresh Banana-1 1% White Milk-6 oz.	Cheese Sandwich Fresh Baby Carrots w/ Dip-1/2 c. Fresh Banana-1 1% White Milk-6 oz.	Macaroni and Beef - 5 oz. Sliced Cucumber Cup-1/2 c. Applesauce Cup-1/2 c. Whole Wheat Dinner Roll 1% White Milk-6 oz.	Macaroni and Cheese - 5 oz. Sliced Cucumber Cup-1/2 c. Applesauce Cup-1/2 c. Whole Wheat Dinner Roll 1% White Milk-6 oz.	Grilled Chicken Bites-4 Corn-1/2 c. Rice-1/2 c. Fresh Apple-1 1% White Milk-6 oz.	Veggie Chicken Nuggets - 4 Corn-1/2 c. Rice - 1/2 c. Fresh Apple-1 1% White Milk-6 oz.	3x5 Cheese Pizza-1 Salad w/ Dressing-1 c. Mozzarella Cheese Sticks-1 Mixed Fruit Cup-1/2 c. 1% White Milk-6 oz.	Pasta w/ sauce Salad w/ Dressing-1 c. Mozzarella Cheese Sticks-1 Mixed Fruit Cup-1/2 c. 1% White Milk-6 oz.
25		26		27		28		29	
All Beef Hamburger on a Whole Wheat Bun-1 Corn-1/2 c. Applesauce Cup-1/2 c. 1% White Milk-6 oz.	Veggie Burger on a Whole Wheat Bun-1 Corn-1/2 c. Applesauce Cup-1/2 c. 1% White Milk-6 oz.	Turkey Meatballs w/ Sauce on a Whole Wheat Hot Dog Bun-1 Mixed Vegetables-1/2 c. Fresh Apple-1 1% White Milk-6 oz.	Veggie Meatballs w/ Sauce on a Whole Wheat Hot Dog Bun-1 Mixed Vegetables-1/2 c. Fresh Apple-1 1% White Milk-6 oz.	Cheese Manicotti w/ Meat Sauce-4 oz. Green Beans-1/2 c. Whole Grain Bread Peach Applesauce Cup-1/2 c. 1% White Milk-6 oz.	Cheese Manicotti w/Spaghetti Sauce-4 oz. Green Beans-1/2 c. Whole Grain Bread Peach Applesauce Cup-1/2 c. 1% White Milk-6 oz.	Grilled BBQ Chicken Bites-4 Diced Carrots-1/2 c. Fresh Banana-1 Whole Wheat Dinner Roll Milk-6 oz.	Mozzarella Sticks Diced Carrots-1/2 c. Fresh Banana-1 Whole Wheat Dinner Roll Milk-6 oz.	3x5 Cheese Pizza-1 Salad w/ Dressing-1 c. Applesauce Cup-1/2 c. Mozzarella Cheese Sticks-1 1% White Milk-6 oz.	Pasta w/ sauce Salad w/ Dressing-1 c. Applesauce Cup-1/2 c. Mozzarella Cheese Sticks-1 1% White Milk-6 oz.