John Kenney Child Care Center - Lunch
April

Child's Name:_____ Allergies:_____ Room:_____

Monday		Tuesday		Wednesday		Thursday		Friday	
2		3		4		5		6	
Breaded Chicken Patty on a Whole Wheat Bun-1 Mixed Vegetables-1/2 c. Mixed Fruit Cup-1/2 c. 1% White Milk-6 oz.	Veggie Chicken Patty on a Whole Wheat Bun-1 Mixed Vegetables-1/2 c. Mixed Fruit Cup-1/2 c. 1% White Milk-6 oz.	Macaroni and Beef -5 oz. Green Beans-1/2 c. Whole Grain Bread Fresh Apple-1 1% White Milk-6 oz.	Macaroni and Cheese-5 oz. Green Beans-1/2 c. Whole Grain Bread Fresh Apple-1 1% White Milk-6 oz.	Fresh Turkey Breast on a Whole Wheat Bun-1 Fresh Baby Carrots with Dip-1/2 c. Fresh Banana-1 1% White Milk-6 oz.	American Cheese on a Whole Wheat Bun-1 Fresh Baby Carrots with Dip-1/2 c. Fresh Banana-1 1% White Milk-6 oz.	Turkey Meatball Sandwich on Whole Wheat Hot Dog Bun-1 Corn-1/2 c. Diced Peach Cup-1/2 c. 1% White Milk-6 oz.	Veggie Meatball Sandwich on a Whole Wheat Hot Dog Bun-1 Corn-1/2 c. Diced Peach Cup-1/2 c. 1% White Milk-6 oz.	Whole Wheat 3x5 Cheese Pizza-1 Romaine Salad w/ Dressing-1 c. Strawberry Applesauce Cup-1/2 c. Mozzarella Cheeese Sticks-1 1% White Milk-6 oz.	Pasta w/ sauce Romaine Salad w/ Dressing-1 c. Strawberry Applesauce Cup-1/2 c. Mozzarella Cheeese Sticks-1 1% White Milk-6 oz.
9		10		11		12		13	
Chicken Fingers-3.3 oz. Corn-1/2 c. Fresh Apple-1 Rice - 1/2 c. 1% White Milk-6 oz.	Veggie Nuggets-4 Corn-1/2 c. Fresh Apple-1 Rice - 1/2 c. 1% White Milk-6 oz.	Cheese Lasagna with Meat Sauce-5 oz. Green Beans-1/2 c. Whole Grain Bread Fresh Orange-1 1% White Milk-6 oz.	Cheese Lasagna with Sauce-5 oz. Green Beans-1/2 c. Whole Grain Bread Fresh Orange-1 1% White Milk-6 oz.	Beef Bologna & cheese on Whole Grain Bread-1 Celery Sticks with Dip-1/2 c. Applesauce Cup-1/2 c. !% White Milk-6 oz.	American Cheese on Whole Grain Bread-1 Celery Sticks with Dip-1/2 c. Applesauce Cup-1/2 c. !% White Milk-6 oz.	Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-1/2 c. Fresh Banana-1 Whole Grain Bread 1% White Milk-6 oz.	Mozzarella Sticks-4 Mashed Potatoes-1/2 c. Fresh Banana-1 Whole Grain Bread 1% White Milk-6 oz.	Whole Wheat 3x5 Cheese Pizza-1 Romaine Salad w/ Dressing-1 c. Mandarin Orange Cup-1/2 c. Mozzarella Cheeese Sticks-1 1% White Milk-6 oz.	Pasta w/ sauce Romaine Salad w/ Dressing-1 c. Mandarin Orange Cup-1/2 c. Mozzarella Cheeese Sticks-1 1% White Milk-6 oz.
16		17		18		19		20	
Swedish Turkey Meatballs-3 oz. Roasted Potato Medley-1/2 c. Whole Grain Bread Diced Pear Cup-1/2 c. 1% White Milk-6 oz.	Swedish Veggie Meatballs-3 oz. Roasted Potato Medley-1/2 c. Whole Grain Bread Diced Pear Cup-1/2 c. 1% White Milk-6 oz.	Mexican Beef-5 oz. Corn-1/2 c. Yellow Corn Tortilla Chips-1 oz. Fresh Orange-1 1% White Milk-6 oz.	Veggie Mexican Beef-5 oz. Corn-1/2 c. Yellow Corn Tortilla Chips-1 oz. Fresh Orange-1 1% White Milk-6 oz.	Grilled BBQ Chicken Drummies-3 Green Beans-1/2 c. Fresh Banana-1 Rice - 1/2 c. 1% White Milk-6 oz.	Veggie Nuggets-4 Green Beans-1/2 c. Fresh Banana-1 Rice - 1/2 c. 1% White Milk-6 oz.	Macaroni and Beef-5 oz. Diced Carrots-1/2 c. Fresh Apple-1 Whole Grain Bread 1% White Milk-6 oz.	Macaroni and Cheese-5 oz. Diced Carrots-1/2 c. Fresh Apple-1 Whole Grain Bread 1% White Milk-6 oz.	Whole Wheat 3x5 Cheese Pizza-1 Romaine Salad w/ Dressing-1 c. Peach Applesauce Cup-1/2 c. Mozzarella Cheeese Sticks-1 1% White Milk-6 oz.	Pasta w/ sauce Romaine Salad w/ Dressing-1 c. Peach Applesauce Cup-1/2 c. Mozzarella Cheeese Sticks-1 1% White Milk-6 oz.
23		24		25		26		27	
Whole Grain Popcorn Chicken-3.8 oz. Green Beans-1/2 c. Applesauce Cup-1/2 c. Rice - 1/2 c. 1% White Milk-6 oz.	Veggie Nuggets-4 Green Beans-1/2 c. Applesauce Cup-1/2 c. Rice - 1/2 c. 1% White Milk-6 oz.	Turkey Meatballs w/ Sauce-3 oz. Mixed Vegetables-1/2 c. Mixed Fruit Cup-1/2 c. Whole Grain Bread 1% White Milk-6 oz.	Veggie Meatballs w/ Sauce-3 oz. Mixed Vegetables-1/2 c. Mixed Fruit Cup-1/2 c. Whole Grain Bread 1% White Milk-6 oz.	All Beef Hamburger on a Whole Wheat Bun-1 Baby Carrots-1/2 c. Fresh Orange-1 1% White Milk-6 oz.	Veggie Burger on a Whole Wheat Bun-1 Baby Carrots-1/2 c. Fresh Orange-1 1% White Milk-6 oz.	Hot Turkey w/ Gravy-3 oz. Mashed Potatoes-1/2 c. Whole Wheat Dinner Roll Fresh Banana-1 1% White Milk-6 oz.	Mozzarella Sticks-4 Mashed Potatoes-1/2 c. Whole Wheat Dinner Roll Fresh Banana-1 1% White Milk-6 oz.	Whole Wheat 3x5 Cheese Pizza-1 Romaine Salad w/ Dressing-1 c. Mandarin Orange Cup-1/2 c. Mozzarella Cheeese Sticks-1 1% White Milk-6 oz.	Pasta w/ sauce Romaine Salad w/ Dressing-1 c. Mandarin Orange Cup-1/2 c. Mozzarella Cheeese Sticks-1 1% White Milk-6 oz.
30									
Whole Grain Chicken Fryz-3 Mixed Vegetables-1/2 c. Rice - 1/2 c. Mixed Fruit Cup-1/2 c. 1% White Milk-6 oz.	Veggie Nuggets-4 Mixed Vegetables-1/2 c. Rice - 1/2 c. Mixed Fruit Cup-1/2 c. 1% White Milk-6 oz.								